Addressing Asthma in New Jersey
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Objectives for Today
At the conclusion of the presentation those participating will be able to:
› Understand who PACNJ is and what we do
› Access PACNJ asthma resources for use with communities, schools, and child care programs
› Identify opportunities for collaboration and partnerships
› Describe additional resources needed to help NJ address asthma

About PACNJ
› The Pediatric/Adult Asthma Coalition of NJ began in 2000 and has 80 partners serving on seven task forces
› New partnerships are always welcome

<table>
<thead>
<tr>
<th>Community</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quality Care</td>
<td>Child Care</td>
</tr>
<tr>
<td>Physician</td>
<td>Evaluation</td>
</tr>
<tr>
<td>Environmental</td>
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Community Task Force

- PACNJ Website
- Patient Education
- Asthma Disparities

Quality Care Task Force

- Creating Online Asthma Education CME program for Health Care Providers
- Partnering to Develop a Hospital Discharge Asthma Education Video
- Planning an August 2012 Half Day Asthma Symposium

Physician Task Force

- PACNJ Asthma Treatment Plan Updates
- Statewide Acceptance of the PACNJ ATP
Patient Education on Asthma Triggers
Creating Asthma Friendly School Environments
Creating Asthma Friendly Child Care Environments

Faculty Asthma Education
School Nurse Asthma Education
Indoor Air Quality Education

Asthma Education for Child Care Directors and Administrators
Asthma Education for Child Care Providers
Asthma Education for Parents of Children with Asthma
Evaluation Task Force

Ensure Programs are Evidence Based

Ensure Programs are Data Driven

Addressing Asthma in New Jersey Schools
PACNJ Asthma Friendly School Award

The number of overnight hospital stays for asthma is:
- Lowest for all age groups in July
- Highest for children in May, September, October and November
PACNJ Asthma Friendly School Award

Tool Kit

No Idling Pledge
Indoor Air Quality
Nebulizer
School Faculty

School Nurse

Asthma Treatment Plan
PACNJ Asthma Management in the Classroom: What Teachers Need to Know
PowerPoint

Superintendent Sign
KIDS - No Idling Pledge
NJ PBSEP-UIG Designated Persons Training + Form 186

New Online Registration

Tracking Award Progress
How to use a metered dose inhaler
- With and without a spacer

How to use a nebulizer
- With mouthpiece or mask
- How to use a peak flow meter

Gadgets and Gizmos Videos

Asthma Basics for School Nurses
Asthma Management Education for School Nurses
PACNJ Asthma Treatment Plan
PowerPoint for School Nurses

Meets NJ Law

- PACNJ has placed the citation "Meets NJ Law NJS 18A:40-12.8" at the top on the PACNJ Asthma Treatment Plan to emphasize that the Asthma Treatment Plan is required by New Jersey law.

Asthma Friendly Schools

NJDEP’s “No-idling Pledge”

To qualify for the PACNJ Asthma Friendly School Award the school superintendent is required to sign the No-idling Pledge for the school district. Visit www.njdepruiten.org for detailed information about the No-idling Pledge.

- Print out the NJ Department of Environmental Protection No-idling Pledge. For questions call 973-494-1693.
- Send a signed copy of the No-idling Pledge to Melinda Diver, NJ Department of Environmental Protection Office of Marine Sources, P.O. Box 435, Mail Code 041-030 Trenton, NJ 08625-0412.
- Send a copy of the No-idling Pledge to PACNJ at 888-421-5757.

New Jersey Air Quality Guidelines for Schools on Poor Air Quality Days for Students & Staff

- [Table or chart with guidelines and recommendations for air quality days]
To qualify for the PACNJ Asthma Friendly School Award, each school is required to establish an Indoor Air Quality Team. Parents can:

- Talk with the school nurse about their child’s asthma
- Give a copy of the child’s asthma treatment plan to the school nurse
- Ask if their school is asthma friendly

Sign up for the Next NJ/PEOSH IAQ Training for School Nurses and IAQ Designated Persons Now.
Please see the registration form to see at 866-467-5755 or register online here.

Awarded Schools on Website

Parents Play a Role

Parents can:

- Talk with the school nurse about their child’s asthma
- Give a copy of the child’s asthma treatment plan to the school nurse
- Ask if their school is asthma friendly
Addressing Asthma in NJ Child Care

PACNJ Asthma Friendly Child Care Award

NJ Hospital Discharge Rates

How Big is Child Care in NJ?

According to the report: Benefits For All: The Economic Impact of the New Jersey Child Care Industry, Child Care:

- Is the third largest industry in NJ (generating $2.55 billion from private fees and federal and state funds)
- Is the third largest employer in NJ - with 65,300 full time employees
- It serves 378,000 children at any given time
The Economic Burden of Asthma

Also According to the Report:
- Quality child care allows parents to work outside the home and that is a benefit to all the industries in NJ seeking skilled workers who will show up for work every day.
- If child care providers feel confident they can manage a child with asthma, they are less likely to refuse to accept a child or send a child home due to asthma, decreasing the burden on the parents able and willing to work.

Benefits for All: The Economic Impact of the New Jersey Child Care Industry, Infant/Toddler, Preschool and Out-of-School Time Programs, Executive Summary, Brown, Bennett; Traill, PhD, Saskia, National Economic Development and Law Center, Ed. Tompkins, Thomas Edison State College, New Jersey Child Care Economic Impact Council, Trenton, NJ, 2006

Results of our Pre/Post Tests

- Turning away children due to asthma directly impacts on the economic stability of NJ and families.
- Before taking the Policies and Practices training, 42% of the participants rated themselves as "very confident" to accept a child with asthma in their program.
- After the presentation, 81% rated themselves as "very confident".

Policies and Practices for Asthma Friendly Child Care
Current Asthma Friendly Child Care Resources

10 Steps for the Asthma Friendly Child Care Program Award

New Video on Asthma
New Video on Triggers

New Handouts

In-House Asthma Training

- Unit 1 Asthma Management
- Unit 2 Asthma Treatment Plan
- Unit 3 Asthma Medications
- Unit 4 Parent Involvement
- Unit 5 Pediatric First Aid Training
- Unit 6 Asthma Triggers Checklist
- Unit 7 Smoking Cessation Parent Form
- Unit 8 No Idling Parent Form
- Unit 9 Air Quality Index Chart
- Unit 10 Posters and Parent Materials

Asthma and Medications

Asthma and Triggers
Parents can:

- **Have a Plan**
  Make sure the child care provider knows their child has asthma. Give a copy of their child’s **asthma treatment plan** to the child care provider.

- **Talk with the child care provider every day**
  For the health and safety of their child with asthma, it is best to talk with the child care provider when dropping off and picking up their child. Discuss any changes in their child’s:
  - Medications
  - Asthma symptoms
  - Triggers
  - Physical or emotional condition

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**On the Horizon**

- **Policies and Practices** 60–90 minute Webinar
Addressing Asthma with New Jersey Patients
Patient Self-Management Tools

Six Key Steps
On Your Pathway To Asthma Control

- Follow your written asthma action plan
- Take all your asthma medicines as prescribed
- See your health care provider about your action plan
- Take action when your asthma gets worse

PACNJ Website

Welcome, Ta your pathway to asthma control

3/14/12
PACNJ Website: www.pacnj.org

- English and Spanish - toggle back and forth
- Everything available to download and reprint
- Materials offered in color and black and white
- Most written at 5th grade reading level

About Asthma

- Asthma Episodes
- Asthma Medication
- Using a Nebulizer
- Using an Inhaler
- Using a Peak Flow Meter
- Additional Resources

The PACNJ Asthma Treatment Plan

- An asthma treatment plan explains:
  - Asthma Symptoms
  - What medicine to take
  - How much to take and when to take it
  - What to do in an emergency
  - What triggers asthma
Communication Tool

- The PACNJ ATP
  - Meets requirements of NJ Law
  - Is in 7 languages
  - Is available as a fillable/savable form
  - Is available in black and white or color
- The health care provider needs to keep a copy in the patient’s chart
- The patient/family needs to have a copy to follow at home
- The child’s school or child care program needs a copy to follow as physician’s orders

Understanding the PACNJ ATP

- On the horizon: 3-minute video explaining how to follow the PACNJ Asthma Treatment Plan

Asthma Triggers
Understanding Your Triggers

- On the Horizon:
  3 - Minute video for patients on Tracking Your Asthma Triggers in English and Spanish
- Target for posting on website – May

Collaboration and Partnerships

- Serve on a PACNJ task force
- Work with school districts to become asthma friendly
- Work with child care programs to become asthma friendly
- Promote the PACNJ website asthma resources
- Other?

Another Resource

- American Lung Association Toll Free Help Line
  - 7 AM – 11PM Central Time
- New Jersey Better Breathers Clubs
  - 11 locations
- Contact Laura:
  - 908-685-8040
Other Resources?

- What other resources would help New Jersey residents control their asthma?

Thank you!

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